



## Parent or Legal Guardian Permission Form

By its nature, participation in interscholastic athletics includes risk of injury which may range in severity from minor to disabling, to even death. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants can and have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

By signing this Permission Form, we acknowledge that we have read the above information. Parents or students who do not wish to accept the risks described in this warning should not sign this permission form.

I hereby give my consent for \_\_\_\_\_

1. to represent his/her school in approved athletic activities, except those crossed out in this booklet by the examining medical doctor;
2. to accompany any school team of which he/she is a member on its local or out-of-town trips;
3. to receive, through a medical doctor of the school's choice, emergency medical care, which may be necessary in the course of such athletic activities or such travel.

I further agree not to hold the school or anyone acting on its behalf responsible for any injury occurring to the above-named student in the proper course of such athletic activities or travel.

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

I have read the foregoing and will abide by the principles and regulations contained therein.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

## Junior High Training Regulations

### I. Philosophy and Purpose

Poudre School District recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of the individual. The misuse and abuse of mood-altering chemicals for some adolescents affects extracurricular participation and development of related skills.

### 2. Rules

Regardless of the quantity, a student shall not: (1) use a beverage containing alcohol; (2) use tobacco; (3) use steroids; (4) use or consume, have in possession, buy, sell, or give away any controlled substance including look-a-like drugs.

- A. These standards are in effect during the school year, and during participation in, or as a spectator at, any school sponsored event outside the school year.
- B. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own medical use by his/her doctor.
- C. These standards will cover participation in all interscholastic athletic events.
- D. Each school will be responsible for holding parent/student athlete meetings to fully inform all participants of the Poudre School District Junior High Athletic Training Rules.
- E. When a violation occurs, it must be reported to the individual building administrator within ten (10) days.
- F. If a student athlete denies violation of a rule, is allowed to participate, and then is subsequently found guilty of that violation, the student moves to the next level of violation.

### 3. Penalties for Non-compliance—First Violation

- A. Using or being in the possession of a controlled substance, steroids, tobacco, or alcohol, may result in the student athlete being suspended from school for up to five (5) days. The student athlete will be suspended from participation in athletics for a period equal to the suspension. The student athlete will miss at least one (1) contest.
- B. Distributing, buying, or selling a controlled substance, or look-a-like drugs, will result in the student athlete being suspended automatically for five (5) days, during which time the student athlete will be recommended to the superintendent for expulsion from Poudre School District. The student athlete will be suspended from participation in athletics for the remainder of the school year.

### 4. Penalties for Non-compliance—Second Violation

- A. A second violation to either A or B under #3 above will cause the student athlete to be ineligible to participate in any athletic activity for the remainder of the school year unless they are actively involved in an approved rehabilitation program.

### 5. Rule of Participation While Under Suspension

Any student athlete under suspension must complete the entire season or seasons of competition to receive credit for time served. While on an out-of-school suspension, the student athlete will not be permitted to return to school to practice with the team. Upon returning to school after the suspension, the student athlete must practice with the team, but will not participate in games which fall within the suspension period. (Time equal to the length of the suspension.) In the case of in-house-suspension, the student athlete will not be permitted to practice with the team while serving suspension. (They may not sit in detention all day and then practice with the team after school.)