



Counseling News

December - 2008

Transitions

The transition to a middle school provides many opportunities and challenges. We are anticipating the academic and social-emotional challenges that will accompany a change to a middle school setting by establishing communication with counselors at the elementary and high schools to make sure that we are all supporting a cohesive move. At Boltz your elementary children may call us to set-up a half-day shadow program with one of our 7th grade students to help relieve some anxiety, we are piloting a pen-pal program with some of the elementary schools, there are upcoming events that will include invitations to all our elementary students and parent information nights following the Winter break.

WEB

Where Everybody Belongs

The Boltz Leadership Program continues to promote a positive, fun, caring culture for all students. The current 7th grade students will go through a selection process and a training program for next year as we select our new leaders. The incoming 6th grade students will have a WEB Leader assigned to them. Throughout the year the WEB Leaders will be checking in with their 6th graders. We have activities planned throughout the year and lessons that promote academic success, as well as, team building games! This has helped establish a positive, safe, learning environment for all students!

Counseling Services

During this transition period, many students feel excited and a little apprehensive. It is also a transition time for parents. Middle school students shift their focus from their families to their friends and become more independent. Being a parent becomes more complicated and often more difficult. More now than ever, your child needs your guidance, encouragement, love, and understanding. We are attending meetings at the elementary feeders to answer questions and we are meeting with our high school feeder to make our registration process as smooth as possible while addressing the social/emotional concerns for all our students. The Counseling program at Boltz continues to monitor the school climate through surveys and student feedback. Our monthly themes focus on educating and promoting healthy relationships, anti-bullying behaviors, healthy lifestyle habits, career, and academic success. Please feel free to contact us with questions or concerns:

Cindy Bengert **472-3713**

Christy Chappell **472-3714**

Jenn Needham **472-3715**