

## REQUIREMENTS FOR PARTICIPATION

- What are the requirements for trying out for a high school athletic team?
- The following must be turned into the FCHS Athletic Office, in order to, receive a “permit to practice card” typically called a “white card.”
- The “Senior High Authorization for Athletic Participation” form that includes proof of a physical examination, that must remain current throughout the season, the interscholastic athletic contract and consent for student participation, the training regulations and personal conduct contract, and the proof of insurance statement.
- The “FCHS Athletic Eligibility Information Sheet”
- The “Orthopedic Center of the Rockies” Information Sheet
- The Athletic Fee (currently \$75 per sport with a \$250 family max.) This fee is held in the FCHS Athletic Office until tryouts are over. If the athlete makes the team, the fee is deposited into the PSD general fund. If the athlete is cut from the team, the parent or athlete may come to the office to receive their refund of the fee. The athletic fee is waived for students who are on the “Free and Reduced Lunch Program.”

