



FORT COLLINS HIGH SCHOOL

Where Excellence is Expected

NEWSLETTER SEPTEMBER 2009

3400 Lambkin Way
Fort Collins, CO 80525
970.488.8021 Main Office
970.488.8008 FAX, Main Office
<http://schoolweb.psdschools.org/fchs/>

Mark Eversole, Principal
Joe Ahlbrandt, Assistant Principal
Tom Myers, Assistant Principal
Rob Larson, Athletic Director & Assistant Principal
Christine Manzanares, Dean of Students (10 & 12)
Jennifer Roth, Dean of Students (9 & 11)
Rick Nelson, Academic Dean

CONTACT INFORMATION (970 prefix)

Activities Director	
Nancy Oliveira	488.8151
Activities Line	488.8099
Assistant Principals' Secretary	
Denise Hansen	488.8011
Athletic Secretary	
Kathy Johnson	488.8006
Attendance	
Maria Bencomo	488.8017
Bookkeeper/Student Accounts	
Laura Wile	488.8019
Media Center	488.8080
Media Center Computer Lab	488.8089
Office Manager	
Nancy Hunt	488.8002
Receptionist	
Nan Watson	488.8021
Registrars	
Rachel Askeland	488.8107
Dixie DeQuasie	488.8009
Safety/Tip Line	488.8030
School Nurse/Health Tech	
Kristi Carver	488.8015
Laura Weaver	488.8015
School Resource Officer	
Maureen Noe	488.8102
Student Services	
Counseling Dept	488.8100
Counseling FAX	488.8118

UPCOMING DATES

FIND DETAILS INSIDE THIS NEWSLETTER:

- 9/2&3 CLUB RUSH DAYS
3rd – 6th period in The Spine at FCHS
- 9/3 Europe Trip Information Meeting
6:00 PM, FCHS Room M-101
- 9/9 Australia Trip Information Meeting
5:00 PM, FCHS Room P-107
- 9/11 Last day to drop classes with a "W" grade
- 9/14 Parent Athletic Club meeting
7:00 PM, FCHS Office Meeting Room
- 9/21 IN-STATE COLLEGE FAIR
6:30 – 8:30 PM
Rocky Mountain High School (for all PSD students)
- 9/22 EXPLORE & PLAN Tests given at FCHS
Required for all freshmen and sophomores- no fee
SPECIAL SCHEDULE Details TBA
- 9/23 Parent-Teacher Conferences
4:00 – 7:30 PM
- 9/29 CONCERT w/ Symphony Strings, Symphonic Band, and
A Cappella Choir
7:00 PM, McNeal Auditorium
- 10/1-3 Tower Theater Presents EURYDICE
7:00 PM, Black Box Theater
- 10/5 Parent Athletic Club meeting
7:00 PM, FCHS Office Meeting Room
- 10/6 OUT-OF-STATE COLLEGE FAIR
6:00–8:00 PM Poudre High School (for all PSD students)
- 10/9 School Picture Re-take day
- 10/10 Practice ACT test @ FCHS \$25
8:00 AM – 12:00 PM (optional, open to all PSD students)
- 10/14 PSAT @ FCHS (optional for Juniors) \$25
7:40 AM – 11:00 AM
- 10/15 Peru Trip Information Meeting
7:00 PM, FCHS Room P-103
- 10/19 PSD FAMILY FINANCIAL AID & COLLEGE NIGHT,
Sponsored by CSU 6:00 – 8:00 PM
Lory Student Center, CSU (for all PSD students)



LAMBKIN SPORTS UPDATES:

<http://schoolweb.psdschools.org/fchs/athletics/index.htm>

Do you have news to share with the FCHS community? Please submit articles for inclusion to Eileen Hostetter in the Career Center at FCHS at 488.8111, or via the internet at ehostett@psdschools.org. Every effort will be made to ensure the accuracy of newsletter information. If you do notice errors or omissions, please contact Eileen ASAP for speedy corrections.



**PRINCIPAL NOTES
FROM MARK EVERSOLE:**

Dear FCHS Students, Parents, & Community:

Welcome to FCHS! We are looking forward to this 2009–2010 school year with special enthusiasm. We have wonderful students, supportive families, and an incredibly strong staff who I know will work together to make what we do at FCHS an exceptional educational experience.

We are excited to have over 900 new students in our beautiful building, and feel the transition to a 9-12 high school has been positive for our students and staff. The preparation over the past two years has been intense. The organization by district personnel and the school sites has been exceptional. Hiring forty-seven new staff members alone was no small task. The process of hiring one staff member usually takes 60 hours of “people time” to complete (47 x 60 = 2,800 hours).

The statistics on our new attendance/tardy policy have been encouraging. Our attendance rate has improved and the number of students making it to class “on time” is approaching 96%, improving every day. Teachers have been able to focus on student learning rather than the interruptions of ten or more students showing up sometime 5 to 10 minutes late to class. The new policies are working.

To hit on some logistics we need help with this year:

Parents, please pick up and drop off your students in the oval by the flag pole, the area just south of the gym in the south parking lot, or by the McNeal Theater in the north parking lot. These locations provide areas convenient for you and are safer for your student. The oval in front of the main office is designated for school busses, emergency vehicles and visitors. Please do not pick up or drop students off by the tower.

Please let us know how we can be of help in getting this new school year started in the most positive way for you. Again, welcome to Fort Collins High School!

Sincerely,

Mark Eversole

Principal



**WHERE EXCELLENCE
IS EXPECTED**

LAMBKIN DAILY SCHEDULE:

Mondays, Tuesdays, & Fridays 2009-10

Period 1	7:30	-	8:20
Period 2	8:25	-	9:15
Period 3	9:20	-	10:15
Period 4	10:20	-	11:10
Period 5	11:15	-	12:05
Period 6	12:10	-	1:00
Period 7	1:05	-	1:55
Period 8	2:00	-	2:50

Wednesdays, 2009-10

LATE START

Period 2	8:05	-	9:32
Period 4**	9:37	-	11:04
Lunch **	11:04	-	11:45
Period 6	11:50	-	1:17
Period 8	1:23	-	2:50

** includes Lambkin Way & Guided Study

Thursdays, 2009-10

ELO	7:30	-	8:00
Period 1	8:05	-	9:32
Period 3	9:37	-	11:04
Lunch**	11:04	-	11:45
Period 5**	11:50	-	1:17
Period 7	1:23	-	2:50

** includes Lambkin Way & Guided Study



WE NEED TO CONTACT YOU!

Parents who sign up for e-mail service receive timely reminders, items of interest, special schedules, notification of report card distribution, copies of the school newsletter, and other important information. Parent e-mail service greatly improves school-to-family communication and keeps you in close touch with what’s happening at FCHS. Your contact information will never be used for any other purpose.

Please visit the Student Services Webpage and click on **Parent Email Sign Up:** <http://staffweb.psdschools.org/jmorrill/> If you’re already receiving FCHS emails, no action is necessary. Thanks for your assistance.

DO YOU NEED TO CONTACT US?

The 2009-10 FCHS Staff Telephone & Email List is now posted on the webpage:



<http://schoolweb.psdschools.org/fchs/staff/FCHSStaffTelephoneEmailList.pdf>

The new FCHS Department List is also available: <http://schoolweb.psdschools.org/fchs/staff/DepartmentTelephoneList.pdf>

Please don’t hesitate to contact us whenever we might be of assistance to you.

VOLUNTEER AT FCHS



Volunteers are always needed for a wide variety of tasks inside and outside the classroom--everything from office duties to classroom help to field trips.

To volunteer, please complete PSD’s registration process online: Go to www.psdschools.org, click on “Volunteers and Resources,” and then on “Volunteers If you registered as a volunteer last year, please take a moment to update your profile information (at the registration screen, click on “Volunteer Login”). A criminal background check is conducted for all volunteers new to the district. Help shape the future – Volunteer!



WANTED: 35MM CAMERA DONATIONS

The FCHS Art Department is looking for standard, 35mm Single Lens Reflex cameras to share with photography students, who must have one to be able to take the course. No point-and-shoots, please. Tax write offs are available upon request with all donations.

Bring your donation to the front office, or contact photography teacher Allison Alter for more information: aalter@psdschools.org



Dear Parents, Students, Faculty, and Staff;

My name is Curt Jensen. I am a junior at FCHS. For the 2009-2010 school year, the **Fort Collins Business Leaders, a student run organization**, has developed an online web store that will make it easy for students, parents, faculty and staff to access custom FCHS products and gear, 24 hours a day. The above graphic is one of the many new logos that have been designed specifically for this service.

Log on to fchs.peapodprint.com to view hundreds of custom items, including: Jackets, Aluminum Water Bottles, Mouse-pads, Tote-Bags, Blankets, Sportswear, Coffee Mugs, and Cold Weather Accessories. Choose from over 20 logos or use your own artwork for a truly personalized creation. See an FCBL member in the Lamb Shop during 3rd, 4th or 5th period daily for more information or contact our advisor Kelly Kappel @ kkappel@psdschools.org . Place your order in the LambShop to save on shipping costs. We also accept Visa or Mastercard. Thank you for supporting our students.

Sincerely,

Kurt Jensen



STUDENT SERVICES NEWS

**FCHS COUNSELORS:
(STUDENTS ARE ASSIGNED BY LAST NAME)**

Mark Cummings 488.8106
A-C & ELA students

Jesse Morrill, Department Chair 488.8103
E-H

Jill Taylor 488.8108
I-M

Brook Wagner 488.8109
D & N-R

Tanya Rivera-Vigil 488.8104
S-Z

Chris Hage 488.8055
IEP students

COUNSELING DEPT STAFF:

Rachel Askeland 488-8107
Registrar

Cindy Clay 488-8100
Secretary & Scholarship Coordinator

Eileen Hostetter 488-8111
Career Center Coordinator

Counseling FAX 488-8118

COLLEGE TESTING:

SAT INFORMATION:

www.collegeboard.com

ACT INFORMATION:

www.actstudent.org

FCHS TESTING CODE NUMBER:

060-590

P.E. WAIVERS: JUNIORS!

NO PHYS ED WAIVERS may be initiated after the end of your junior year. This school policy is strictly enforced.

MILITARY ACADEMY APPLICATIONS



All juniors interested in attending a military academy should start the process during second semester of their junior year. Be sure to make an appointment soon to talk with your counselor.



FREE PREP

COURSE FOR FCHS STUDENTS!

FCHS is delighted to offer our students the opportunity to prepare for the ACT at no cost.

Method Test Prep in an online ACT test preparation class available to FCHS students through their Family Connections/Naviance accounts. The course includes lessons for each test subject, practice questions, full-length practice tests, and a guide for how best to use the course. Find the course via the FCHS Student Services website: <http://staffweb.pdschools.org/jmorrill/>

Sign in using your FCHS Student ID as the username and your PIV number as the password. Under "About College," click on "Test Preparation." See you counselor with any questions.



IMPORTANT DATE!

The last day to drop a class with a "W" grade is September 11, 2009. Thereafter, a dropped class will result in an "F" on your official transcript. Please plan ahead!

STUDENTS:

SERVE ON CITY BOARDS!

The City of Fort Collins is seeking students to serve on two boards: the Women's Commission and Youth Advisory Board. Consider these opportunities to develop your leadership skills and have students' voices on these important boards. Apply by Sept. 30 deadline at www.fcgov.com/boards.



COLLEGE PLANNING & PREPARATION:

Sep 21, 2009

IN-STATE COLLEGE FAIR

6:30 – 8:30 PM

Rocky Mountain High School

Open to all PSD students and families. Visit with representatives from numerous Colorado colleges.

September 22, 2009

EXPLORE and PLAN TESTS

During the school day, at FCHS. These Pre-ACT tests for freshmen and sophomores are required by Poudre School District. There is no cost to the student. Details TBA.

Oct 6, 2009

OUT-OF-STATE COLLEGE FAIR

6:00 – 8:00 PM @ Poudre High School

Open to all PSD students and families. Visit with representatives from over 135 out-of-state public and private colleges.

Oct 10, 2009

Practice ACT Test

8:00 AM – 12:00 PM @ FCHS

A full-length retired ACT Test provided by Princeton Review. Recommended for current juniors. Sign-up begins on September 9 in the Student Services office. Cost is \$ 25.

Oct 14, 2009

PSAT @ Fort Collins High 7:40 – 11:00 AM This is the Pre-SAT test for juniors. \$25 fee

This is an optional test. Sign-up begins on September 9 in the Student Services office. Students are excused from class to take the test. Open to all PSD students.

Oct 19, 2009

PSD FAMILY FINANCIAL AID AND COLLEGE INFORMATION NIGHT

6:00 – 8:00 PM Lory Student Center, CSU

Break-out sessions for students and parents. Topics include the college selection process, college admission,

financial aid, scholarships, NCAA, college planning information, and more!

Apr 21, 2010

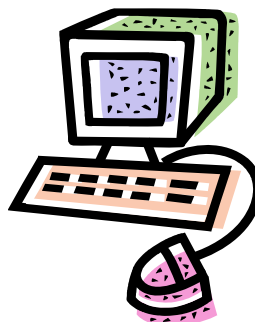
STATE-MANDATED ACT TEST

7:30 AM – 11:30 AM All FCHS juniors must take this exam. There is no fee. This is a “real” ACT test, and results may be used for college admissions. This test is accepted by NCAA Eligibility Center.



The Student Services department at FCHS urges you to make use of **Family Connection** from NAVIANCE, a Web-based service designed especially for students and parents. **Family Connection** is a comprehensive website that you and your child can use to help make decisions about courses, colleges, and careers. **Family Connection** from NAVIANCE allows you and your child to get involved in the planning and advising process. You will be able to build a resume, complete on-line surveys, and manage timelines and deadlines for making decisions about colleges and careers. You’ll also be able to research colleges and sign up for college recruiter visits. Sign up now!

- Go to the FCHS Student Services Homepage <http://staffweb.psdschools.org/jmorrill/>
- Click on Family Connection – Naviance
- Username = your FCHS Student ID#
- Password = your FCHS PIV Pin#



STUDENTS! Please be sure to check your FCHS email account regularly! We will share important information with you via email throughout the school year.



COLLEGE APPLICATIONS

**IT'S REALLY JUST PAPERWORK,
& THE CAREER CENTER CAN HELP!**

Seniors! It's time to get started with post-graduate education plans. The earlier you apply, the better your chances for financial aid, scholarships, and even admission.

**COLLEGES PREFER ON-LINE
APPLICATIONS – AVOID PAPER.**

After you submit your application electronically, you'll often be asked to print out various support documents and be given a list of other needed items. The FCHS Career Center can help you take it from there! **Bring counselor recommendation forms, school information sheets, and transcript requests to Eileen Hostetter, who coordinates the process.** Plan ahead, stay organized, observe deadlines, and enjoy a low-stress Senior year.

PROCESSING DEADLINES AT FCHS:

Please allow at least two weeks for the processing of college applications.

**TO GUARANTEE MAILING FROM FCHS
BEFORE THANKSGIVING BREAK:**

Submit your completed application in to the Career Center by **3:00 p.m. on Friday, November 6, 2009.**

**TO GUARANTEE MAILING FROM FCHS
BEFORE WINTER BREAK:**

Submit your completed application in to the Career Center by **3:00 p.m. on Friday, December 4, 2009.**

We process hundreds of college applications and always do our best to accommodate you, but cannot guarantee pre-vacation postmarks for applications submitted later than 11/6/09 or 12/4/09.

**FCHS IS NOT RESPONSIBLE FOR YOUR LATE
OR INCOMPLETE APPLICATIONS.**

**COLLEGE RECRUITERS WANT TO
MEET WITH YOU AT FCHS!**

College fairs are a wonderful opportunity to get quick information from a wide variety of schools. But recruiter visits to the FCHS Career Center offer you individual attention and time to ask personal questions.

Be sure to take advantage of the chance to meet with college representatives who visit our campus. It can be an important part of your application process, particularly for highly competitive schools.

Recruiters are not just knowledgeable salespeople; they are the first college admissions personnel to read your application, and they remember students who take the time to seek them out. **You may be excused from class for these meetings, but please get permission from your teacher beforehand.**

Find the Career Center's college recruiter schedule on the FCHS Student Services website: <http://staffweb.psdschools.org/jmorrill/> Click on "Family Connections-Naviance," sign in with your FCHS Student ID number and PIV number, and then click on "Visit Schedule" at the left side of the page. The site is updated daily.



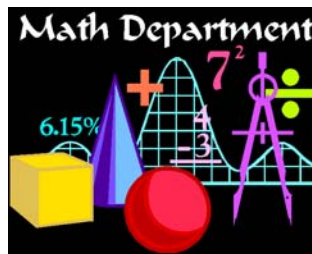
**LETTERS OF
RECOMMENDATION**

Please limit your FCHS requests to 2 or 3 people. Colleges as a rule do not want or read more than that number. **Allow at least two weeks for a teacher or counselor to prepare and write your letter.** Fill out a Letter of Recommendation Request (available in the Career Center or on the Student Services website) to give to those whom you ask for letters. FCHS letters of recommendation are considered confidential, which strengthens your application. This means that letters will be mailed directly to the various institutions by your teacher (please provide him/her with a stamped addressed envelope) or by the Career Center (postage costs are included in your transcript fee).



TRANSCRIPT FEES:

Official FCHS Transcripts are \$3.00 apiece and are available in the Career Center. Transcript fees include mailing costs (extra charges may apply for bulky packages of college application materials). Payment is due upon request. Unofficial Transcripts are always available at no charge.



Fort Collins High School now has a full time Math Tutor. Christine Lodal joined us Wednesday, August 28th. Her hours are 7:00 AM to 3:30 PM, Monday through Friday. Christine is located in the

Gray-Silver Laporte hall on the 2nd floor. She has visited the Math classes and students have already been coming very regularly to see her and get help with their work. So word is getting out about her. Welcome, Christine!

FROM THE LAMBKIN HEALTH OFFICE:



Parents of 10th, 11th and 12th graders: Please be sure your child has received their required *Tdap* immunization booster, and that you have provided documentation of it to our Health

Office. **We will be enforcing the state mandated attendance exclusion on November 2nd for those who have not complied.**

Also, a reminder that High School students are allowed to carry one day's dose of medication, in the original container, **if** they have the appropriate forms on file in the health office. A doctor's signature is required, even for over the counter medications. Questions? Call 488-8015.

ACE: Alternative Cooperative Education

Looking for the job candidate who is motivated, hard working, and wants to be part of a team? Take a look at the ACE program at FCHS! ACE is a vocational program to help students develop career skills through internships within the community. At FCHS, ACE matches students with jobs that not only meet the employer's job requirements but also suit the student's talents and abilities.

Imagine being able to observe an employee performing job tasks before you have agreed to hire! As an employer you will have the opportunity to observe and evaluate the student's ability to fulfill job requirements and give the student a chance to understand the job and work culture. For more information, please contact Cathy Hettleman, ACE Coordinator at 488-8085.

For those of you that may have purchased a new graphing calculator for your student recently, if you still have the packing material and can find the UPC label or points value on the packing, please send it with your student to give to their Math teacher. Texas Instruments has a Rewards Program such that schools can submit these points in exchange for educational items. We would like to do that if we get enough points. Thanks so much for your assistance in this matter. If you do have further questions, please feel free to contact Jeanne Miller, Dept. Secretary, at 488-8209.

DO YOU LOVE MATH?

The Lambkin Mathematicians are a group of FCHS students who share an interest in mathematics and a willingness to participate in mathematics competitions held in our area. We are open to all FCHS students, regardless of their mathematics level. Meetings are optional, depending on the interest of our members to organize and share contest problem strategies and other general problem solving tips.



Colorado Math Olympiad

The Colorado Math Olympiad is held at the University of Colorado in Colorado Springs (UCCS) in April each year.

The contest consists of 5 or 6 challenging puzzles that will require creative thinking and a combination of skills from algebra, geometry, probability, and combinatorics. Contestants have up to 4 hours to complete their work. Nearly all participants receive recognition and prizes, plus an invitation to the



awards ceremony the following week. For more information and sample questions, try the CMO web site: www.uccs.edu/~olympiad

This year's contest dates are:

Math Olympiad: Friday, April 23, 2010

Awards Ceremony: Friday, April 30, 2010

UNIVERSITY of
NORTHERN COLORADO



The UNC Math Contest

The UNC Math contest is held annually in two parts, a preliminary round in the Fall (October or November) and a final round in the Winter (January or February). The Preliminary Round consists of 8 to 10 questions, requiring a short, fill in the blank responses. Contest problems involve algebra, geometry, probability, some discrete mathematics, or a combination of these topics. Students are allowed 90 minutes to complete the preliminary round. Those whose scores qualify them for the final round are invited back to the UNC campus. For more information and past contest questions, check online at:

<http://hopper.unco.edu/Other/Mathcontest.html>

This years contest dates are:

Preliminary Round: October 30, 2009

Final Round: January 30, 2010

The American Mathematics Competition (AMC)

This math contest has been held annually for over sixty years and is sponsored by the Mathematical Association of America, a mathematics professional organization. Any high school student may take the AMC, however, the AMC-12 test question content assumes pre-calculus level math background.

The format of the AMC-12 contest is as follows: 25 multiple choice questions over a 75 minute time interval. Calculators are not allowed on the AMC, but questions are designed so that a calculator should not be necessary. For more information about the AMC, check online at www.unl.edu/amc/index.shtml.

This year's contest date is February 9, 2010

AP NEWS

By Jeanne Miller,
AP Coordinator



All FCHS students who took Advanced Placement exams in May should have received their scores by now. If not, call Jeanne Miller, 488-8209, as soon as possible. Make sure all exam scores, 2009, as well as past years are listed on the report. The total scores looked super! The AP Scholar list should be arriving soon and will be included in an upcoming newsletter. Congratulations to all participants on a job well done!

We have several additions to the AP teacher list this year at Fort Collins High. Carolina Hoffman is teaching AP Spanish Language. Jason Clarke teaches English Language and Composition. Amy Young joins the ranks teaching AP US History. Tom Davis returns to FCHS teaching European History. Tara Lanterman is very handily teaching the AP Art course which she taught a few years ago in Phoenix, AZ.

Two of our AP teachers involved in grading the AP exams on the national level continued once again this summer. Mary Dietrich graded AP English Language and Composition in Daytona, Florida, for the third year. She spent over 7 days with 800 high school and college teachers reading and grading almost two million essays! Chris Suppes was a table leader in Louisville, Kentucky, for the second year in this management position. Approximately 112,000 Statistics exams were graded during his stay.

Our **entire** staff and faculty here at FCHS are an extremely dedicated group! Many teachers along with support staff attended classes, workshops and institutes this past summer to keep abreast with new learning opportunities. Students need the preparation that they gain from all these quality educators in order to withstand the rigors of the AP courses. Each and every one of the staff is prepared to continue one of the traditions here at FCHS – *Where Excellence is Expected.*



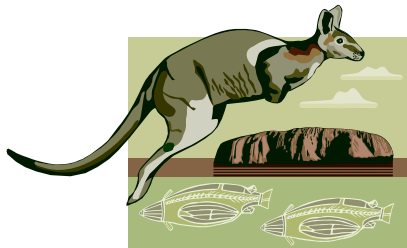
**TOWER THEATER
PRESENTS:
EURYDICE**

Tower Theater's first production of 2009-2010 is EURYDICE by Sarah Ruhl, a modern retelling of the tragic Greek love story of Orpheus & Eurydice. With a cast of seven and a technical crew of over fifty, this is a production of poetic and vibrant beauty that you don't want to miss. This show will play in the intimate FCHS Black Box Theater Oct. 1, 2, & 3 @ 7pm. Tickets are \$8 each and seating is limited to less than 100 per night, so get your tickets as soon as you can. For reservations, call 970-488-8238 or email jtyler@psdschools.org.



**EXPLORE PERU
AND MACHU PICCHU!**

Tom Lis, of the FCHS Social Studies department, is organizing a student-parent trip to Peru and Machu Picchu in July, 2010. **There will be an informational meeting on Thursday, October 15 in P103 at 7 PM.** Friends of FCHS are also invited. For further information, please contact Mr. Lis at 488-8157, or via tlis@psdschools.org



AUSTRALIA

Elaine Holmes, of the FCHS Social Studies department, will be leading an EF Educational Tour to Australia in June of 2010. We are very excited for this amazing travel opportunity. The 18-day trip will have us flying into Sydney, surfing at Surfer's Paradise, spending three glorious days at an ecotourism resort at Fraser Island and taking a cruise over the Great Barrier Reef where we

will be able to snorkel and scuba dive. Mrs. Holmes and her family took a similar tour two years ago and each day just got better and better. Please contact Ms. Holmes for a detailed itinerary and pricing information at eholmes@psdschools.org or 488-8158. Or visit the main FCHS webpage for links to more information. This trip is very affordable and the accommodations will exceed your every expectation. **There will be an informational meeting on Wednesday, September 9th at 5:00 PM in Room P107.** This trip is open to the entire community, adults and students! The FCHS main entrance will be open for this meeting.



**NO PLANS FOR
SPRING BREAK?
TRAVEL TO
EUROPE—**

**Switzerland, Italy and
France, March 11-21**

Visit Zurich, Lucerne, Mount Pilatus, Verona, Venice, Rome, the Vatican, Florence, Pisa, Monaco, and the French Riviera. **There will be an informational meeting on Thursday, September 3, at 6:00 PM in FCHS room M-101.** Can't attend the meeting? You may also contact Profe Enriquez, enriquez@psdschools.org or Ms. Thorburn, territ@psdschools.org

**PARENT-TEACHER
CONFERENCES
WEDNESDAY, 9/23
4:00 – 7:30 PM**

**PICTURE RE-TAKE DAY
FRIDAY, OCTOBER 9**
Not at your most attractive in this year's photo? Bring it back and have another taken! Did you miss the first photo date? Here's your chance to get one!



Get Involved!

Club Rush takes place on Wednesday and Thursday, September 2 & 3, in The Spine during periods 3 through 6. Find out how to get involved at FCHS, and make the most of your high school experience!

Interested In Extra-Curricular Activities?

Check out a group or two! You might be surprised, have some fun, and make some new friends. Become a real part of your school, enhance your days, and build your resume!

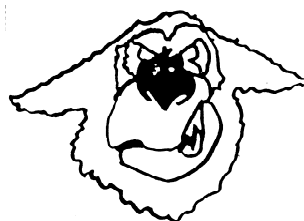
Contact these club advisers for details (listed names are from last year and are subject to change):

- Activities Director.....Nancy Oliveira
- After Prom.....Jodi Quass
- Amnesty International.....Elaine Holmes
- Art Service Group..... TBA
- Asian Culture Club.....Rhys Roberts
- Athletic Director.....Rob Larso
- Band.....David Miles
- Black Student Alliance TBA
- Boosters.....Rebecca Garrett
- Cheerleaders.....Kathy Johnson
- ChoirKaitlin Silar
- Creative Writing Club.....Anne Colwell
- CSU Math Field Day.....Michael Goar
- DECA.....Kelly Kappel & Pam Davidson
- EPYCS – El Pomar.....TBA
- FBLA..... Kelly Kappel & Pam Davidson
- FCCLAPeggy Kohrmann
- French Club / Deja Jennifer Roth
- German ClubTerry Thorburn
- History Club.....Christine Matthe
- Interact Club Mary Dietrich
- International Students.....TBA
- KLYD/TV Production.....Mary Dietrich
- Knowledge BowlTBA
- Latino American Student Association Reuben Enriquez
- Link Crew.....Rebecca Garrett & Nancy Oliveira
- Math Olympiad.....Mike Goar
- Mock Trial Team Jim Ogan & Nancy Oliveira

- Model UN.....Suzanne Dickens
- National Forensic League (Debate). TBA
- National Honor Society.....Mary Dietrich
- OrchestraMatt Spieker
- Peer Counselors.....Mark Cummings
- Pep Band.....David Miles
- Physics BowlMike Steinle
- Remington Street Review.....TBA
- Science Olympiad.....TBA
- Science Bowl.....Ron Jensen
- Spanish Conversation Club Lynn Atencio
- Spilled Ink.....Anne Colwell
- Student Advisory Board..... Mark Eversole
- Student Council.....Nancy Oliveria
- Tower Dance.....Caroline Regge-Hoffman
- Tower Troupers.....Jason Tyler
- Yearbook.....Rhys Roberts

FCHS also hosts an annual variety of student-initiated organizations, which are NOT school sponsored, supported, or controlled. Included in past years list were:

- Cycling Club
- DARLA
- Fellowship of Christian Teens
- Gay-Straight Alliance
- Graphic Literature Club
- Knitting Club
- Ultimate Frisbee Club
- WZ Comic Institution
- Young Republicans Club



FCHS PARENT ATHLETIC CLUB

PAC exists in support of all athletes in district-sanctioned sports at FCHS. Your PAC

membership fee pays for:

- Athletic varsity letters/bars/pins and varsity letter-winner certificates

- Honor Athlete certificates awarded to any student-athlete with minimum GPA of 3.2 who participates in at least two sports

- Engraving for Hall of Champions photo gallery and senior awards plaques

PAC is responsible for:

- Planning/hosting annual All Sports Celebration honoring all FCHS athletes in district-sanctioned sports

- Sponsorship of the PAC Player Award

- When Possible, contributing funds to support the needs of athletes, such as equipment for the weight



room, supplies/equipment for the training room, or to purchase a new trophy case.

We want members! Membership is just \$10 per family each school year, no matter how many athletes per family or how many sports per athlete! Please send your fee to PAC % FCHS, 3400 Lambkin Way, Ft Collins 80525.

We want pictures! Share digital images and/or duplicate prints of your athlete/team with PAC for inclusion in the Celebration highlight presentation.

2009-10 Meeting Dates! Although not a requirement for membership, we'd love to see you at our meetings, held at 7:00 PM in the FCHS Office Meeting Room on the following nights: 9/14/09, 10/5/09, 11/2/09, 1/11/10, 2/1/10, 3/1/10, and 4/5/10.



Future Business and Marketing Students – Join us! FBLA & DECA at Fort Collins High School 2009-2010

What is Fort Collins Business Leaders?

FCBL is a student run organization that consists of members of DECA (Marketing Club) & FBLA (Future Business Leaders of America).

What is the difference between DECA and FBLA?

DECA is marketing-oriented with contests emphasizing sales, customer service, advertising, management, and entrepreneurship activities.

FBLA is more business-oriented: math, accounting, international business, computers, public speaking, job interview, English, & business law.

Go to: <http://www.fbla-pbl.org> and <http://www.deca.org/> for more information.

When does the club meet? Tuesdays at 7:00 a.m. in M205. The group meets more frequently when the club is planning events or practicing for district contests.

Why do the clubs meet together? Do I have to join both? No, you may join one or both. These two

organizations meet as one club because the interests of students overlap in the two areas, and students have more opportunities to take part in district and state activities.

When and where are the contests? The *DECA* district contest takes place in November at the *Fort Collins Marriott*. The State *DECA* Conference is at the Broadmoor in Colorado Springs in February. Fossil Ridge HS organizes a “practice competition” in October at CSU. The *FBLA* district contest takes place in February at the Greeley Civic Center. FBLA state qualifiers meet in Vail for the State Conference in April.

What are the actual contests? A specific list of events is available in the Marketing Department, or select "competitive events" on the FBLA and DECA links provided above.

Is there a charge for these clubs? Yes. The state and national dues are approximately \$14 per organization (pay \$28 if you join both) which go directly to the state and national organizations. Each student **must pay \$75.00** in fundraising fees PER CLUB (DECA and FBLA) or you may write us a check for your fundraising fee(s) if you choose NOT to fundraise.

There are also costs for the District and State Conferences. Student members can earn money for these conferences by participating in various fundraisers.

What are the Fundraisers? You will choose the fundraisers for your group. In the past, students have sold Old Chicago Pizza Pals, and sold Bammy's cookies. We also work the Snack Shack concession stand during all volleyball and basketball games (except tournaments). Our club would welcome new ideas from you.

Who do I contact if I want to join? Please talk to a current FBLA/DECA member, or see Ms. Kappel or Mrs. Davidson, in the marketing office. Listen for the announcements or check the boards around school to find out about the meetings.

Ms. Kappel is the DECA advisor: 970.488.8126
Mrs. Davidson is the FBLA advisor: 970.488.8124



WHERE EXCELLENCE IS EXPECTED



FCHS MUSIC NOTES

Marching Band

Thursday, September 10 5:30 PM Game #1
 Friday, September 25 6:30 PM Game #2
 Monday, September 28 5:00 – 7:00 PM
 Full Band Rehearsal
 Wednesday, September 30 5:00 – 7:00 PM
 Full Band Rehearsal

Winds & Percussion

October 5 - 9
All-State Orchestra auditions
 Auditioning students please contact Dr. Spieker to sign up for a time

Choir

October 10 9:00 – 12:00 PM
All-State Choir Workshop
 October 23-24 Friday-Sat
All Day (TBA) All-State Auditions

Strings

September 8th-11th Mon-Fri
String Auditions for All-State Orchestra and Western States Honor Orchestra
 Auditioning students please contact Dr. Spieker to sign up for a time

SEPTEMBER CONCERTS

Symphony Strings, Symphonic Band, and A Cappella Choir
Tuesday, September 29, 2009
7:00 PM
McNeal Auditorium

OCTOBER CONCERTS

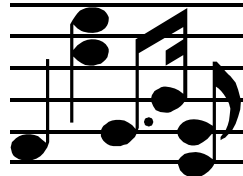
All Choirs Concert
Tuesday, October 13, 2009
7:00 PM McNeal Auditorium

Symphony Orchestra Concert with the Sinfonie Orchester der Musikschule Luchow-Dannenberg
Wednesday, October 14, 2009
7:00 PM McNeal Auditorium

Jazz Concert
with all Jazz Choirs and Jazz Bands
Tuesday, October 20, 2009
7:00 PM McNeal Auditorium

Band Concert – All FCHS Bands And the Boltz 8th Grade Band
Thursday, October 29, 2009
7:00 PM McNeal Auditorium

MUSIC FUNDRAISERS



Proceeds from all music department fundraisers are used to purchase scores, instruments, pianos, equipment and supplies as determined by the music department staff. Information can be found on the FCHS Music Department website.

1. Go to <http://schoolweb.psdschools.org/fchs/departments/music/index.html>
2. Click on Support Music at FCHS near the top of the page
3. Use appropriate links to find instructions to place your orders.

PARENTS!
We Need Your Help to Control the Spread of H1N1 (Swine) Flu



POUDRE SCHOOL DISTRICT

Because flu can be easily spread from person to person, Poudre School District is taking steps to reduce the spread of flu in schools. We want to keep schools open and functioning in a normal manner during flu season. We need your help to do this. Prevention is the best strategy, and here's how you can help:



Teach children to wash their hands often with soap and water or an alcohol-based hand rub. You can set a good example by doing this yourself.

Teach children to cover coughs/sneezes and not share personal items like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues. Students should cover their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable.

Clean surfaces and objects that your child touches frequently with appropriate cleaning agents.

Know the signs and symptoms of the flu. Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.

Do not send children to school if they are sick. Any children who are sick while at school will be sent home.

Keep sick children at home for at least 24 hours after they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of people infected.

Get your family vaccinated for seasonal flu and H1N1 flu when vaccines are available. According to the Center for Disease Control (CDC), a vaccine specific to H1N1 may not be available until mid-October. They are recommending the vaccine be made available to individuals in priority groups, including school-aged children.

We are working closely with the Larimer County Department of Health and Environment and other city, county and state agencies to monitor flu conditions and make decisions about the best steps to take concerning schools. Please make sure you are on the PSD Parent E-mail Alert list, so we can provide you with new information as it becomes available (sign up at: www.psdschools.org by clicking on the E-Mail Alert Sign Up star). This also assures you receive email updates from your child's school.

Helpful websites and phone numbers:

H1N1 Flu Information and Resources: www.flu.gov, or call 1-800-CDC-INFO (232-4636)

Steps if Children are Sick or School is Dismissed: www.flu.gov/plan/school/parentfactsheet.html

Steps to Protect Your Family from Flu: www.flu.gov/plan/school/parentfactsheet2.html

Steps for Children at High Risk for Flu Complications: www.flu.gov/plan/school/parentfactsheet3.html

Q&A from the Center for Disease Control (CDC): www.flu.gov/plan/school/questions.html

Larimer County Department of Health and Environment: www.co.larimer.co.us/health or call 498-6700



POUDRE SCHOOL DISTRICT

PSD parent notification procedures

The PSD communications office coordinates several efforts to notify parents and staff when **ALL** schools are closed for conditions such as bad weather or for emergency situations.

PSD will communicate information and instructions directly to parents and staff through the following:

- E-mails to parents who have signed up for PSD email alerts (sign up at www.psdschools.org – “Email Alert Sign-Up”) or provided their email on the student information form parents receive the first week of school.
- Text messages to parents and staff who have that capability on their phone.
- Phone messages through the School Messenger automated phone notification system.
- PSD website (www.psdschools.org) information postings
- PSD Channel 10 (Comcast and US Cable)
- Local and Denver media including newspapers, radio and television stations



POUDRE SCHOOL DISTRICT

Nominate your *Coach of Character* today

Applications are now being accepted for the 2010 Sonny Lubick Coach of Character Award. The Sonny Lubick Coach of Character Award is presented annually to one outstanding coach in the Fort Collins community who focuses on character development while teaching life lessons through sports. This coach has rejected the “win-at-all-cost” model and is centered on helping players develop positive character traits that will enable them to be successful in life. Furthermore, this coach has helped to build a legacy of sportsmanship and character in athletics in the Fort Collins community. In order for an individual to be eligible for this award, they must have coached school, club or recreational sports for athletes 18 and under for a minimum of ten years in Northern Colorado.

The Sonny Lubick Coach of Character Award is presented by Character in Athletics – Make it a Priority at the annual CHAMP Celebration Breakfast in early 2010. Nominations must be received no later than by September 30th, 2009 to be considered for the 2010 Sonny Lubick Coach of Character Award. Please visit www.champfc.com to download the nomination form and for more details on the award or call 970-266-2671.



**PSD FAMILY FINANCIAL AID
& COLLEGE NIGHT**

SPONSORED BY COLORADO STATE UNIVERSITY



OCTOBER 19, 2009

6:00 – 8:00 PM

LORY STUDENT CENTER, CSU

An informative night open to students and families district-wide. It will offer insight and answer questions about student options after graduation, financial aid, and the college application process. Keynote address explains financial aid options and is presented by CSU. Thereafter, attend up to three break-out sessions presented by accredited professions. Contact the FCHS Student Services Department for more information, at 970.488.8100.

KCOL 600 AM
 KGRE 1450 AM (Español)
 TRI 102 102.5 FM
 KIIKX 1410 AM
 KUAD 99 FM
 KCSU 90.5 FM
 KJJD 1170 AM (Español)
 Denver radio stations KOA 850 AM and KOOL 105 FM



**UPCOMING COLLEGE RECRUITER VISITS
TO THE FCHS CAREER CENTER**

(Check the website for updated information)

- Franklin College, Switzerland 9/8, 2009 9:20 AM
- California Institute of Technology 9/17, 2009 8:05 AM
- University of Wyoming 9/21, 2009 10:20 AM
- University of Northern Colorado 9/23, 2009 11:00 AM
- University of Montana 9/29, 2009 9:20 AM
- University of Colorado @ Boulder 9/29, 2009 11:15 AM
- Fort Lewis College 9/29, 2009 2:00 PM
- Tulane University 10/6, 2009 9:00 AM
- University of Kansas 10/6, 2009 11:00 AM
- New Mexico State University 10/6, 2009 11:30 AM
- University of Portland 10/6, 2009 11:30 AM
- Swarthmore College 10/6, 2009 11:30 AM
- Boise State University 10/6, 2009 2:30 PM
- Texas Christian University 10/7, 2009 8:00 AM
- Cornell College 10/7, 2009 8:30 AM
- Oregon State University 10/7, 2009 8:30 AM
- Drake University 10/7, 2009 9:00 AM
- Baylor University 10/7, 2009 10:30 AM
- Whittier College 10/9, 2009 11:00 AM
- St. Catherine University 10/9, 2009 12:10 PM
- William Woods University 10/9, 2009 1:05 PM
- Montana State University 10/15, 2009 9:30 AM
- University of Denver 10/15, 2009 11:05 AM

OTHER RECRUITER VISITS:

Barbizon/Apollo Modeling and Acting School
 9/16, 2009 11:00 AM



POUDRE SCHOOL DISTRICT

School Closures Due to Weather

If schools are closed due to extreme weather or other situations: Parents should tune in to local radio, television stations, or go online to PSD's Web site to find out about school closures the morning of the day in question: www.psdschools.org Media outlets are only informed if schools are closed; no announcements by the media means schools are open, as usual. A decision about weather-related school closures is made by approximately 6:00 a.m. and media outlets are notified immediately. Parents should not call schools, district offices, or broadcast media. The following radio and television stations and PSD Web site will provide information about PSD school closures. We will notify Spanish radio station KGRE, AM 1450 and KJJD, AM 1170 for our Spanish speaking families.

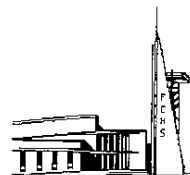
TELEVISION STATIONS:

- Channel 2 WB2News-KWGN
- Channel 4 NEWS4-KCNC
- Channel 7 7News-KMGH
- Channel 9 9NEWS-KUSA

NEWSPAPER: www.coloradoan.com

LOCAL RADIO STATIONS:

- BEAR 107.9 FM
- KUNC 91.5 FM



WHERE EXCELLENCE IS EXPECTED