

Lincoln Athletics

Athlete Expectations

P. ositive R. espect I. ntegrity D. iversity E. xcellence

Sport: _____

Player: _____

Date: _____

In the Classroom (Academics first!)

- As an example of leadership in my school, I will model appropriate behavior in the classroom.
- I will model what it is to have P.R.I.D.E.(Positive, Respect, Integrity, Diversity & Excellence) as a Lincoln Lancer.
- It will be a goal of mine to maintain a C or higher in all my classes during the year.
- I will complete all of my homework and/or attend after school tutoring or study halls (At: Lincoln, CSU, or Boys & Girls Club) if necessary in order to maintain a C in all of my classes.
- I will be a self advocate!
 - I will raise my hand in class and asking clarifying questions.
 - I will privately meet with my teacher if I need extra support or help.
- I understand that in order to be allowed to participate in an official competition, I must have no more than one failing grade. Friday of the week prior is the cut off for athletic eligibility.

On/Off the Field/Court:

- I will compete to the best of my ability and be respectful to my fellow athletes and coaches.
- I will use positive words and extend my hand to help my teammates and opponents.
- I will speak respectfully to officials and coaches.
- Win or lose, I will maintain a positive attitude. This includes actively competing or supporting my team from the bench. If on the bench, I will be an active member by watching and cheering on my teammates.
- I will work hard and hustle in practice/work-outs.
- I will listen to my coaches and work hard to apply what they teach me in order to improve as a player and person.
- I will behave appropriately on the bus and keep the bus clean, remembering to thank the bus driver after each trip.
- I will act with integrity (Doing what is right, even when others aren't watching) and treat others with dignity and respect.
- I recognize a suspension from school during the week makes me ineligible for the next game.
- I will be on time and attend practice according to the coach's policy.
- I understand that all school and district rules apply during and after practice and games.

At Home:

- As part of the household, I will follow my parents' rules and expectations despite my busy schedule.
- I will contribute to the household by completing chores, including such activities as cleaning my room and helping to clean up from meals.
- I will let my parents know that I appreciate what they do for me by saying "please," "thank you" and "I love you" regularly.

By signing this form, I acknowledge that I have read and understand what is expected of me as a Lincoln Athlete. I will strive to act as a person of integrity and proudly set a positive example for those around me.

Student Signature

By signing this form, I acknowledge that I have read and understand what is expected of my child as a Lincoln Athlete.

Parent Signature