



# 2009 Fall Sports Information



## BOYS' SOCCER

Drop-in scrimmages Tuesday and Friday  
July 28—Aug. 11 @ Lincoln Jr. High.  
August 12, 13, 14th —Conditioning  
@ Lincoln Jr. High 6:30-8:00 p.m.  
TRYOUTS August 17—21st 3:30— 5:30

For more information contact  
Coach Nick Holley 488-6028

## GIRLS' SOFTBALL

Pre-Season Workouts @ PHS  
July 8th—Aug 6th Every Wed. 8-10 am  
Parent Meeting Aug. 6th  
6pm @ PHS Events Center  
Camp

August 10—14th 9am—11am  
PHS Softball Field \$30 per player  
Tryouts

August 17th  
3:30 p.m.—6:00 p.m. PHS Softball Field  
For more information contact  
Coach Christy Malara—214-8612 or email at  
malara25@hotmail.com



## BOYS' TENNIS

Camp: Aug. 11,12,13,14th 9am—Noon @ PHS  
1st Practice—Monday—August 17th  
3:30 p.m.—5:30 p.m. PHS Tennis Courts  
For more information check the PHS tennis  
web page or contact Coach Malone-488-6158  
581-6257 (Cell)



## GIRLS' VOLLEYBALL

Pre Tryout camp for Freshman and  
Sophomores Aug. 11,12,13 3:30—5:30 pm  
Tryouts

August 17th—August 21st  
All tryouts/practices in Main Gym at Poudre  
For more information contact:  
Lisa Mcdanel—310-9323



## Gymnastics

Contact Coach Laura Slocomb for  
more information at 225-5251 or  
lauraslcomb@gmail.com

## Poudre High School (6/10/09)



## CROSS COUNTRY

Monday - August 17th - Practice Begins  
3:30 p.m. Meet in the commons @ Poudre High  
School  
For more information contact:  
Coach Moyer: 484-9215

## BOYS' GOLF

Info. Meeting Thurs. Aug. 6th - 9 am @ City Park Nine  
Tryouts—Monday, August 10th  
Players should be at the top of their game by the 1st try-  
out day. This is competitive golf. Players are encouraged  
to play as much as possible prior to tryouts.  
For more information contact  
Coach Fred McGregor - 226-0569, 219-2151  
e-mail freddomc@comcast.net



## FOOTBALL

Fall Camp—August 10th - 14th 3—5:10 pm  
Monday, August 17th Official Practice  
Begins 3:30 - 6:00 pm

For More Information contact :  
Coach Steve Bradley: 488-6159 (S) 231-2328 @  
The football website will be updated Please check the web-  
site or call for more information!

\*\*\*\*\*

## Field Hockey

Contact Coach Nick Morales 310-4772

\*\*\*\*\*

## ATHLETIC PHYSICALS

### Need a Physical?

Advantage Chiropractic will do physicals for  
\$40.00 of which \$20.00 will be donated back  
to the PHS athletic department. Please call  
267-9600 to schedule an appt.

## SPORTS INFORMATION

Brad Beauprez—Athletic Director  
488-6058  
Michele Niesent—Athletic Assistant  
488-6014  
nmichele@psdschools.org  
Information Line—488-6010  
Web Page  
www.psdschools.org/phs

**\*\*IMPORTANT\*\***



**BEAT THE RUSH!**  
**COME IN EARLY!!**

Please know that you will be able to start getting practice cards for Fall Sports starting August 3rd from 8am—12:00 pm & 1pm—3pm, M-F!

**COME EARLY AND BEAT THE RUSH!!!**  
**CLASSES START AUGUST 17, 2009**

**HOW TO GET A BLUE PRACTICE CARD**

Before you can receive a BLUE PRACTICE CARD you MUST TURN IN the following to Mrs. Niesent in the front office: BLUE Senior High Authorization for Athletic Participation Form.\*\* (This form requires a current physical parent signatures, and Insurance information) White Orthopedic Center of the Rockies Medical Information Form\*\*

Proof of Insurance - Complete insurance box on blue form or purchase School Insurance\*\*

**Athletic Fee -- \$85.00 (per student per sport per year with \$250 Family Maximum) \$127.00 for charter, home & private school with no family max.**

\*\*Forms available at Poudre and on PHS web page.

**Important - Please Read Carefully**  
In order to reduce the problems with collection of athletic fees, payment will be REQUIRED PRIOR TO PRACTICING. If cuts are necessary your check will be returned. Remember if you qualify for the Free and Reduced Lunch Program, all fees are waived.

**\$\$ PARENTS \$\$**

Parents Don't forget to purchase a family punch pass if you plan on attending games this year ! Family punch pass cards are \$60.00 ea. and have 20 punches on them.

This is a great way to save \$\$

**\*\*\*\*\*Students\*\*\*\*\***

Don't forget to purchase your activity stamp at check in this Fall. It is a stamp that will show up on your student ID. This stamp will allow you free entrance to all PHS sponsored sporting events for the year. Get it for only \$25.00

**ATTENTION! ATTENTION!**

**\*\* ELIGIBILITY \*\***

**SPRING SEMESTER GRADES AFFECT FALL ELIGIBILITY!!**

Parents and Student Athletes please be aware that the grades you get this spring will affect your eligibility in the fall. If you end the spring semester with 2 or more F's you will be ineligible for fall sports until the second week in October! The only way to make up these F's and be eligible for fall sports is to take summer school and pass the summer school class!

\*\*\*\* Lincoln Students please know that a U in service Learning counts as an F\*\*\*\*

If you have any questions with regards to your Eligibility please contact Brad Beauprez, Michele Niesent, or your Fall coach to help you stay on top of your grades.

\*\*\*\*\*

**PHS ATHLETICS INFORMATION EMAILED TO YOU!**

If you are interested in getting athletics information emailed to you on a weekly basis please contact Michele Niesent to get your email address added to our athletic email list! Contact Michele at nmichele@psdschools.org!

**PHS ATHLETIC STORE**

**GET PHS HATS, SHIRTS, and Chair Backs**

**Contact: Michele Niesent for more information! 488-6014 or nmichele@psdschools.org**



**PHS FIGHT SONG**

Poudre High will hit the line like thunder,  
And we'll all shout for you to win.  
Poudre High will plow the foe right under,  
Never, never to give in.  
Silver, blue our colors shining brightly,  
Guard them well throughout the game.  
Heads up, drive on until we've won,  
And then they'll know the victor's name.