

PHS Sports Bulletin

Starting dates for 2009-2010 Poudre H.S. WINTER athletics:



Girls' Swimming

Coach Brent Moore

Informational Meeting

Tuesday Oct. 13th @ 3:15 pm in room 414 @ PHS

1st Practice/Tryouts

Thursday Nov. 12th 3:30 pm at Mulberry Pool

Regular Practices will be:

Mon/Tue/Wed 5:15 am—7 am

Thurs./ Fri. 3:30—5:30 pm

@ Mulberry Pool

Questions?

Call Coach Moore @ 217-4294 or

Email: brentm@psdschools.org

Girls' Basketball - Coach Brad Beauprez 488-6058

Open Gyms: See Athletics Website under Girls Basketball

Tryouts: Nov. 5th, 6th 3:30—5:30, Nov. 7th 8am—10:00 am
Nov. 5th—12th

Parent Meeting: Nov. 24th 5:30 pm Events Center

For More Information contact Brad Beauprez @ 488-6058

bbeaupre@psdschools.org



Wrestling

Coach Barrett Golyer 488-6047

Email: bgolyer@psdschools.org

Pre Season Lifting 3:30—4:30 M,T,TH, F

Pre Season Open Mat 4:30—5:45 T/TH

Parent/Wrestler Meeting: Thursday Oct. 8

6pm PHS Events Center

1st Official Day of Practice: Nov. 9th 3:30



Boys' Basketball—Coach Jeff Schelly 488-6213

Email: jshelly@psdschools.org

Open Gyms: Mon & Wed @ 5:30 (Sept. Oct.)

Player Meeting : Thursday Nov. 5th 3:30 in room 414

Blue cards are due at this meeting!

Tryout: Nov. 7—12 Times announced at meeting.

Parent Meeting: Monday Nov. 16th 6 pm Events Center

Before you can participate you MUST TURN IN the following:

BLUE Senior High Authorization for Athletic Participation Form

(This form requires a **current physical** and parent signatures)

Orthopedic Center of the Rockies Form (White)

Health Insurance Information - Your personal insurance or purchase Student Insurance

Athletic Fee \$85.00 (per student/per sport/per year—\$250

(family maximum) \$127.00 for Home School, Private Schools, & Charter

Schools (no family maximum) Checks will be returned if cut from the team.

REMEMBER----YOU CANNOT GET A PRACTICE CARD FROM MRS. NIESENT WITHOUT DOING ALL OF THE ABOVE!

Questions contact—Mrs. Niesent 488-6014

nmichele@psdschools.org

9/18/09

Important Athletic Phone #'s

AD: Brad Beauprez 488-6058

AD Assistant: Michele Niesent 488-6014

Athletic Information Line: 488-6010

Website: www.psdschools.org/phs

NOTE--If you participated in a FALL sport you must have your physical transferred to the appropriate WINTER sport. To do this you must sign up with Mrs. Niesent in the main office at Poudre High School, pay your fee again, and receive a NEW BLUE practice card for your next sport.