
Poudre School District
2407 LaPorte Avenue
Fort Collins, CO 80521

Poudre High School
201 Impala Drive
Ft Collins, CO 80521
<http://schoolweb.psdschools.org/phs>

Non-Profit
Organization
Fort Collins, CO
U.S. Postage Paid
Permit No. 45





Impala News

November 2009

George Osborne, Principal
Kathy Mackay, Assistant Principal
Joe Fontana, Dean of Students

Brad Beauprez, Assistant Principal, A.D.
Craig Woodall, Assistant Principal
Kendall Wilson, Dean of Students

201 Impala Drive

Fort Collins, CO 80521

970-488-6011

IMPORTANT DATES

November 19, 20, 21

Fall Musical -
"Hello Dolly"
PHS Auditorium
7:00 p.m.

November 25, 26, 27

NO SCHOOL
Thanksgiving Recess

LOOKING AHEAD

December 3

Fall Theatre &
Dance Showcase
PHS Commons

Jazz Concert
PHS Auditorium
7:00 p.m.

December 15

Vocal Concert
PHS Auditorium
7:00 p.m.

December 17 & 18

Finals

December 18

End of second quarter
Last day before break

From the PHS Administration:

Thanks to your participation, Parent/Teacher Conferences were a success. Over 700 parents were present, and the comments from both parents and teachers were overwhelmingly positive. We know that parent involvement is a key factor in student success and we appreciate your continued support.

As the semester comes to a close, we'd like to remind you that the semester ends December 18 and finals are December 17 and December 18. Also, note that the final exam exemption policy now states that a student may earn final exempt status if he/she has **no more than 2 UNEXECUSED absences** in each of his/her classes and an 80% or higher in the class. Excused absences will not count toward the final exam policy.

Finally, we want you to know that you are always welcome at Poudre. Please check in at the front office when you stop by and do not hesitate to call if you have questions.

1ST SEMESTER FINAL EXAM SCHEDULE

Thursday, December 17, Periods 1, 3, 5, 7

Period 1	08:00 - 09:15
Period 3	09:20 - 10:35
Period 5	10:40 - 11:55
Lunch	11:55 - 12:55
Period 7	1:00 - 2:15
Makeups	2:20 - 3:05

Friday, December 18, Periods 2, 4, 6, 8

Period 2	08:00 - 09:15
Period 4	09:20 - 10:35
Period 6	10:40 - 11:55
Lunch	11:55 - 12:55
Period 8	1:00 - 2:15
Period 0/Makeups	2:20 - 3:05

**1ST SEMESTER ENDS DECEMBER 18, 2009
2ND SEMESTER BEGINS JANUARY 5, 2010**

2009 THANKSGIVING WEEK



MONDAY		TUESDAY
1	7:35 - 9:15	2
3	9:20 - 11:00	4
Lunch A	11:00-11:40	Lunch A
5A	11:40 -1:20	6A
5B	11:05 -12:45	6B
Lunch B	12:45 -1:25	Lunch B
7	1:25 - 3:05	8

**PERIOD 0
starts at 6:45 a.m.**

- 100 minute classes
- 40 minute lunch

Weather Delay SCHEDULE OF CLASSES **2 Hour Delay**

In the event of a weather delay, teachers will be delayed one hour, students will be delayed two hours. Classes will be 55 minutes long and will follow the proper sequence. On Wednesday teachers will report to their late start meeting at 8:35 and classes will be 70 minutes long.

Monday, Tuesday, Thursday, Friday:

First class of the day	9:35 – 10:30
Second class	10:35 - 11:30
Lunch A	11:30 - 12:10
Third class A	12:10 - 1:05
Third class B	11:35 - 12:30
Lunch B	12:30 - 1:10
Fourth class	1:10 - 2:05
Fifth class	2:10 - 3:05

Wednesday:

Period 3	9:35 - 10:45
Lunch A	10:45 - 11:25
Period 4A	11:25 - 12:35
Period 4B	10:50 - 12:00
Lunch B	12:00 - 12:40
Period 5	12:40 - 1:50
Period 8	1:55 - 3:05

COUNSELING and GUIDANCE CORNER

Welcome to the Guidance
Department of Poudre High School!

It is our goal to provide the best possible guidance services for both students and parents. We believe in the importance of each student as an individual and are committed to providing quality guidance services. Students are assigned to guidance counselors as follows:

A - C, AVID	Jeff Schelly
D - I	Pat Nash
J - Md, Academy	Julie Ulstrup
Me - R, Newcomers	Isabel Thacker
S - Z	Megan Thorson
Int'l Baccalaureate	Kim Wilder
Registrar	Kris Pollet
Registrar	Cheri Ruzas
Counseling Assistant	Kelly Mapes
Career Center	Judy Joseph

NAVIANCE

Students, be sure to check your Naviance email account for important scholarship, award, and educational opportunities!

Check Out the Guidance Bulletin On-Line!

Within the Guidance Bulletin you can find the following information:

- What to consider when choosing a college
- College visitation dates
- Testing dates
- Unique opportunities
- College fairs and previews
- Helpful websites
- NCAA Clearinghouse qualifications & guidelines
- Scholarships



The Guidance Bulletin can be accessed by going to the counseling link on Poudre High School's home page. Students can also pick up a hard copy in the Pathway Center located within the Counseling Office.

PSD School Choice Application

**Now Online and Accepting Applications
for 2010-2011 School Year**

**School Choice Application Deadline
January 29, 2010**

The online application can be accessed via the district Website at www.psdschools.org under the *School Registration* link. Families that do not have computer access at home can visit any PSD school or the District Office, 2407 LaPorte Ave., Ft. Collins to apply.

Senior Conferences

are required for every senior!!!

If your senior has not yet done so, have him/her schedule a conference with his/her counselor. Parents are reminded that counselors will make every effort to communicate a senior's status relative to graduation, but the primary responsibility for graduation completion lies with the student and parent. Please call your student's counselor if you have questions about your senior's status. There is still time to take care of any deficiencies in their second semester schedule.

CSU & Front Range Community College Classes

It is possible for your student to attend classes at CSU or Front Range Community College while still enrolled in high school!

Housebill Applications

for CSU and Front Range for second semester classes are available in the Counseling Department. These applications are due no later than November 11, 2009. Students should contact their counselor in the Counseling Department.

Keeping up with... PaCE



The PaCE department is constantly seeking and receiving new paid work opportunities for the students in the PaCE program. If your PaCE student has not yet obtained a paid position in the community, please encourage them to visit the PaCE office so we may help them.

PaCE students who are finding it difficult obtaining paid employment should consider many unpaid opportunities in which students may gain work experience and may discover a new and exciting career pathway. The easiest way to find unpaid opportunities is by calling United Way - First Call (dial 211) or by visiting United Way of Larimer County at www.uwaylc.org.

If you know of any employment opportunities suitable for high school students, please contact Mrs. Buffington at 488-6069. PaCE students make excellent employees working in an unpaid position such as an internship or community service position.

Health News

For information about availability, clinics, and news articles on the H1N1 (swine flu), and seasonal flu immunizations please go to www.larimerflu.org

Keep your student home if he/she has a fever over 100 degrees and please do not send them back to school until they are fever-free without fever reducing med(s) for 24 hours.

Bonnie Dawdy – Health Tech
Sheri Furlott RN
488-6050

FINANCIAL AID AND SCHOLARSHIPS

WHAT IS FINANCIAL AID?

Financial aid is government moneys used for grants, loans, and work-study programs. All students planning to continue their education after graduation are eligible to apply for financial aid. Financial aid eligibility is based upon a formula developed by the government to determine financial need. Need is generally defined as the difference between what a family can contribute to educational costs and what the educational costs are for the institution the student is planning to attend. If a student/family is eligible for financial aid, the college financial aid office then takes the calculated need of a given family/student, and creates a financial aid package. This package will consist of any one or all of the following: work study, grants, scholarships, and low interest student loans.

IMPORTANT: To be considered for aid, a college must first accept a student. Actual financial aid awards start in March, which means applications for financial aid should be made by February. Applications for colleges should be submitted before winter break.

HOW DO I APPLY FOR FINANCIAL AID?

Apply online anytime after January 1, 2010. Most post-secondary schools accept the FAFSA alone for determining how to award aid to their student applicants. However, some colleges will require the FAFSA and the CSS. See your counselor to determine if only the FAFSA, or both the FAFSA and CSS are required. FAFSA: www.fafsa.ed.gov

CSS Profile: www.collegeboard.com/profile

Complete these applications online at www.fafsa.ed.gov after January and before Feb. 15th if possible of your SENIOR year. You will then have your application completed early enough to be considered for aid when the most money is available. Make sure your parent or guardian uses the information on their tax returns (from the most recently ended year) to fill out this form. If they will not file a tax return, they must be sure the income and assets information provided is accurate and verifiable. The information on your aid application must match any records used (tax forms or otherwise), or there is the risk of fines, additional fees, or prison---not to mention delay in receiving notification of any aid you may be eligible for. The sooner your parent or guardian completes their tax forms, the sooner you can submit your aid application.

COLLEGE GOAL SUNDAY

This is an amazing opportunity for students and their families to get help completing the FAFSA. Representatives from college and university financial aid offices will be available to help complete the FAFSA. College Goal Sunday is February 21, 2010 at Front Range Community College.

Register for the:
ACT test at www.actstudent.org
SAT test at www.collegeboard.com/sat-register
PHS's code is 060587

WHEN WILL I KNOW IF I AM ELIGIBLE FOR FINANCIAL AID?

Notification regarding eligibility and financial aid awards is made in the spring, generally March through June. You will be notified by mail. A Student Aid Report (SAR) will be mailed to your home address or emailed to you for verification.

WHAT ARE SCHOLARSHIPS?

Generally, scholarships are private money which is awarded through colleges, private institutions, or individuals. Selection criteria are usually based upon a student's merits. However, several scholarships use financial need as a weighted component in selecting their recipients.

Merits used in selection criteria include: strong talents and abilities, ACT/SAT test scores, classes taken and the relative difficulty, GPA, class rank, extra-curricular activities, school and community involvement, and work experiences.

WHAT ARE LOCAL SCHOLARSHIPS?

- Community individuals or groups award local scholarships.
- The application is available in the Counseling Office in January
- The submission deadline is mid-February
- You may be contacted for an interview for one of these awards--it is important to be on time and dress professionally.

WHERE DO I GET SCHOLARSHIP APPLICATIONS?

- Sign up online at fastweb.com or scholarships.com.
- The Career Center will have the applications for those listed in the Guidance Bulletin.
- Use Naviance.

HOW DO I APPLY FOR SCHOLARSHIPS?

CAREFULLY READ THE SCHOLARSHIP APPLICATION DIRECTIONS!

- Note all deadlines. No exceptions are made!
- When requesting a letter of recommendation, complete a PHS Letter of Recommendation Request Form and give to teachers. Have at least two letters of recommendation available, as many applications require more than one.
- Update your resume with activities, work, community service, and leadership roles. See PaCE office for resume template.
- Order a transcript from Counseling.
- Type all information on the application, or print as neatly as possible **in black ink**; do online if possible.
- Be careful to allow time for a transcript to be prepared and for you to send the application to the organization by the deadline.
- Counseling Office has these addresses.*

WHAT SHOULD I DO IF I WIN A SCHOLARSHIP?

Inform the Counseling Office immediately, as we need this information for graduation exercises and publicity. We will need the total value of the award, the awarding organization's name, and the full legal name of the student receiving the award. Please report this information even if you do not choose to accept the scholarship.

COLLEGE REPRESENTATIVES

To see a representative, sign up in the Career Center or in Naviance so you will be excused from your class. Visiting with representatives helps students identify what kind of school they would

TESTING INFORMATION

Test Prep Opportunities: ACT & SAT Test Prep is available on-line in the Media Center and in the Guidance Pathway Room. Your counselors have information about other helpful websites.

After taking the ACT or SAT, students will often decide to apply to a college that has not received their test results. Students may request that additional test scores be sent through use of a special form that is available in the Counseling Office.

AP Testing Schedule: Students will take these tests in May of 2010. Registration will be announced in February of 2010. If you are interested in helping with the proctoring of these exams, please call Jeff Schelly at 488-6213 or Kelly Mapes at 488-6064.

****NOTE:** If your student has a 504 Plan or is in Special Education, testing accommodations may be available. See your counselor immediately to ensure there is time to pursue this possible option.

Senior Baby Ads/Friends AD
Due Date: Thursday, December 3, 2009

Cost of Ads: ¼ page in the yearbook \$ 75.00; ½ page in the yearbook \$125.00; Full page in the yearbook: \$175. 00

*** ALL ADS ARE IN FULL COLOR!!***

** Parents may lay them out and design the pages themselves, or you may decide to have one of our creative yearbook staff members design it for you. ADS & PHOTOS may NOT BE EMAILED to me. Send on CD or Hard Copy ONLY. Photos can be any size, but remember this:

DO NOT SEND PHOTOS THAT ARE ONE OF A KIND. PICTURES WILL NOT BE RETURNED TO YOU

What may be included? Poems, Sayings, That precious little picture(s) you love.

Be creative—your son or daughter will LOVE that you honored them in this special way.

Please fill out this form and return or mail your pictures and writing to:

The Impala Yearbook
Attention: Joann Berrian
201 Impala Drive
Fort Collins, CO 80521

Questions?? (my e-mail: jberrian@psdschools.org) This is the easiest way to communicate with one another.

Please DO NOT LEAVE A PHONE MESSAGE.

But remember: the DEADLINE is Thursday, December 3, 2009. Don't miss your opportunity!

There are a limited number of spaces, and ads are placed on a first come, first served basis.

We sold out last year and we expect to do the same this year.

Student's Name: _____ Student ID # _____ Date: _____

Person buying ad: _____ Phone Number: _____

Address: _____ Your e-mail: _____

Ad Desired: Circle the one you want:

¼ page

½ page

Full page

Total Cost : _____ . Please mark method of payment: ___ Check # ___ or ___ Cash

Checks are made out to: Poudre High School Impala Yearbook

Payment MUST be included with your purchase. Thank you from *The Impala*

Below: (Use this space if you'd like, or use a separate sheet of paper or back)

Clearly write what you want written in your ad and include your photographs when you mail all of this to us.

Don't leave your ad info on a phone message! **WRITE IT ON THIS FORM.**

BUY YOUR YEARBOOK NOW!

Parents, you can buy the yearbook on the main page of the PHS website - go to the 'buy your yearbook' link icon.



FALL MUSICAL



Poudre High School puts on its "Sunday best" with fall musical *Hello Dolly!*

"Put On Your Sunday Clothes Before the Parade Passes By" and join the Poudre High School Theatre Department for a dazzling presentation of *Hello Dolly!* November 19-21.

A costumer's dream of "Elegance," *Hello Dolly!* won 10 Tony awards when it debuted on Broadway in 1964 with Carol Channing as Dolly, a role Barbra Streisand made even more famous in the 1969 movie version, which was nominated for seven Academy Awards.

Written by Jerry Herman and based on Thornton Wilder's 1938 farce *The Matchmaker*, the musical comedy recreates bustling turn of the 20th century New York City as legendary match-maker Mrs. Dolly Levi (Amanda VanOrden) sets her sights on half-a-millionaire Horace Vandergelder (David Lonowski).

Along her meddling, melodious way, Dolly manages to also match up hat shop owner and widow, Mrs. Molloy (Stacie Yeldell), with Vandergelder's head clerk, Cornelius (Zach Eulberg); Cornelius's assistant Barnaby (Scott Trout) with Mrs. Molloy's assistant, Minnie (Savannah Bearden); and struggling artist, Ambrose Kemper (Nathan Blau) with Vandergelder's weeping niece, Ermengarde (Erin Mross).

The impressive work of more than 100 students – from the cast, to the pit orchestra, to the technical and costuming crews – culminates in one of the most famous, glittery stage scenes of all time when Dolly is greeted by waiters, cooks, doormen, and wine stewards with the show's signature song.

It only takes a moment to buy tickets at www.showtix4U.com. Tickets are \$10 for adults and \$8 for students for the 7 p.m. performances on Thursday, Nov. 19, Friday, Nov. 20, and Saturday, Nov. 21. There is also a special 1 p.m. matinee show on Saturday where all tickets are just \$5. Tickets may also be purchased in the PHS main hallway during lunch on show dates and just prior to the show. No reserve seating.

Until then, "So Long, Dearie!"

Parents Of Poudre Students

Be part of your students' high school years! Get involved in **POPS** - Parents of Poudre Students

Spring Conferences Appreciation Meal - NOTE:

Please contact Jeni Makinen at makinen@juno.com if you signed up to bring a main dish for the teacher meal for the spring parent/teacher conferences at back to school night or at the parent/teacher conferences October 14th and 15th. The sign up sheets were accidentally picked up by someone at parent/teacher conferences on October 15th and are missing!



Spring Date: March 24, 2010

Place: Poudre High School Teacher's Lounge

POPS has created a tradition of providing teachers with dinner the first night of Parent/Teacher conferences. Parents will have the opportunity to provide main dishes, salads and desserts. Dishes will need to be brought to the school no later than 3:00 p.m. and are always greatly appreciated by the teachers that have a very long night ahead of them.

Junior/Senior "After Prom" Poudre Past Midnight (PPM)

Parents of juniors and seniors are needed to help organize the after prom event "Poudre Past Midnight", which is scheduled for April 25, 2010. Come be a part of a great tradition! This is a free event open to all juniors and seniors whether or not they go to Prom. First meeting for the 2010 event will be, Tuesday, November 10, 2009 at 6 PM in the Teacher's Lounge. Please contact Jeni Makinen makinen@juno.com for more information or if you would like to help with this event and are unable to attend this meeting.

Teacher Appreciation Week

Date: First week in May

Place: Poudre High School

Volunteers will be needed to provide food for a breakfast to be scheduled the first week in May, or provide dessert for a luncheon on the last day of school as a token of our appreciation for our great teachers!

Interested in bringing food for these events?

Please contact Jeni Makinen at makinen@juno.com

Interested in helping with these events?

Please contact Dee O'Connell at deeocon@yahoo.com

Thanks for your support!

Angel Fund Alert!

Every January Poudre High School has an Angel Fund Garage Sale. This year it is scheduled for January 16th. Proceeds from this garage sale help Poudre students with a variety of needs that can't be met from other places. This fund has helped pay for: Food, Housing, School supplies, Caps and gowns, Medicine, School clothes, Athletic physicals, School sponsored trips, AP testing fees, and much more...

How can you help?

- Volunteer to help sort, organize, publicize, sell, or clean up. We need an army of Angel supporters.
 - Save any items you might have that are appropriate for a garage sale. Encourage friends and neighbors to do the same.
 - If you are a merchant or have a connection to a merchant, consider donating leftover items from Christmas.
- HOMEFEST has done this for the past 8 years and we have had wonderful items to sell.

Interested??? Want to help??? Contact:

Isabel Thacker (488-6046) ithacker@psdschools.org

Jacqui Walz (488-6169) jwalz@psdschools.org

Lisa Mahler (488-6041) lmahler@psdschools.org



Poudre School District November School News

For more information go to www.psdschools.org.
Resumen de las noticias escolares de Noviembre
Para obtener mayor información www.psdschools.org

WANTED: Prom Dresses! Clean out your closets. Contribute cleaned and fashionable prom dresses for students to reuse. Please bring prom dresses to Attendance Office or to Language Arts Department in the Upper Arts and Humanities Office. Any questions? Call Kathryn Symmes (488-6146) or Cathy Toplyn (488-6135).

Learning Lab

The Learning Lab is available to students from 7:00 a.m.– 4:00 p.m. each school day (including late starts!) Tutors and teachers from all subject areas are available every period to help. Please stop by room 218 to take advantage of another way to help your student be successful at Poudre High School. Questions, call Sally Buffington at 488-6069. Please see the November schedule on the following page.



Peace Circles



Poudre High School will be holding its second annual Peace Circle on Friday, November 13, 2009. A Peace Circle brings students, staff and community members together as equals for honest exchanges about the challenges and life experiences each has encountered. It is an inclusive process where participants learn from the wisdom and experiences of each other and is designed to create a safe space for participants. In Circle participants consider the perspectives of others, have the courage to speak their own opinion, and all are honored. A sign-up sheet will be available in the counseling office for students wishing to be part of a Peace Circle. Please call Julie Ulstrup 488-6062 or Lori Miller 566-2242 with any questions.

Parents Encouraging Parents

Parents Encouraging Parents (PEP) Conferences are family-centered conferences designed to offer support, information, and education to parents and professionals who work with children with disabilities. PEP promotes the partnerships that are essential in supporting and including children with disabilities and their families in all aspects of school and community.

These conferences are available to persons residing in Colorado who have a child with a disability ages birth to twenty-one. Administrators, principals, teachers, medical, and other service providers interested in the Family-Professional Partnership are also invited to participate in the PEP Conference.

PEP Conference: Vail, CO, November 5-7, 2009

To apply for PEP, visit their website at www.cde.state.co.us/cdesped/PEPapplication.asp.

Attention Hewlett-Packard Company Employees!

The 2009 HP Product Giving Campaign for Poudre High School has begun. HP allows employees to purchase equipment at greatly reduced prices for donation to schools. If you are an HP employee and would like to contribute or learn details about the campaign, please email Becky Naqvi at beck.naqvi@hp.com. Below are the items included on Poudre's wish list. Becky would like to collect donations as soon as possible!

Description: HPV-FM865UT-ABA – HP EliteBook 8530p Notebook PC

Quantity Requested: 32

We are requesting 32 laptop computers to build two 16-computer mobile labs. Our tech team has committed to purchasing two locking carts to transport the mobile labs. We envision that the labs would be checked out for classroom use from the Media Center. We have wireless access throughout the building, and the addition of two mobile labs would help relieve the congestion we currently experience with our stationary labs. While we added approximately 500 new students this year, we were not able to increase our computer labs due to the need for additional classroom space, and classroom requests for these labs have increased accordingly. Math teachers have expressed a desire for these labs to access Geometer Sketchpad lessons and this would work well with SmartBoards currently installed in all Math classrooms. The labs would be available to all departments, but we anticipate the most frequent users to be the Math department.

Description: HPV-GS917A8-ABA – HP L1710 17-inch LCD Monitor

Quantity Requested: 50

We are in the process of replacing monitors that are between 10-15 years old. These monitors are no longer supported by the districts' technicians, so when they break, we can no longer send them in for service. We have already replaced the monitors in five of our labs and want to upgrade one more teaching lab as well as the monitors for teacher work stations.

Description: HPV-L1910A#B1H – HP Scanjet 5590 Digital Flatbed Scanner

Quantity Requested: 1

The Art department has requested a scanner so that student artwork can be scanned in for multiple purposes: digital manipulation in PhotoShop and Illustrator, submission to colleges for portfolio submissions, and entering of numerous art competitions.

Learning Lab Schedule - November 2009

Mon	Tue	Wed	Thu	Fri
** A Lunches BOLD				
2	3	4	5	6
2 Scherer	1 Weissman/Malone/Berrian	3 Nichols/S. King/Conrad	1 Fowler/Musci	1 R. Lynam
3 J.Lynam/S.Sayers	2 Espinoza/Lancaster	4 Mann/Richards	2 Harris/Symmes	3 GT/Mozer/Knight
4 Markey	5 Leonard/S. DeFelice	5 Johner/Pooler/J. Smith	4 Jasmann	5 Miller
7 Darland	6 Cowen/Lewis	8 Baker/Lenczycki	6 Ecton/Boehs/Smosna	6 J. Davis/Romel
8 Bibbey/Walsh	7 Peterson/N. Holley/Mader		7 Eckhoff/Slawson/Mannion	8 Ney/Brubaker
	9	10	11	12
2 Kiel/Markey	1 Bent/Canale	3 Moore/E. DeFelice	1 Carroll/Kunz	1 Musci
3 Brown/Watkins	2 Benedict/Faulkner/Lancaster	4 Butfigton/Powell	2 Coatman/Motichka	3 G. Smith/Suto
4 Bryant	5 Beauprez/Bradley	5 L. Davis/Walker/Wank	4 Harrison	5 McCorkel
7 Long/Canum/Parsanko	6 Crowe	8 Morgan/Hilt/Moyer	6 Hawaty/Hicks	6 Van Dyne/K. Sayers
8 Elliott/Anderson/Wheeler	7 Fontenot/Carpine	9 G. Holley/Niederzue	7 Golyer/Bausch	8 Moyer
	16	17	18	19
2 Scherer	1 Weissman/Malone/Berrian	3 Nichols/S. King/Conrad	1 Fowler/Musci	1 R. Lynam
3 J.Lynam/S.Sayers	2 Espinoza/Lancaster	4 Mann/Carpine	2 Harris/Symmes	3 GT/Mozer/Knight
4 Markey	5 Leonard/S. DeFelice	5 Johner/Pooler/J. Smith	4 Jasmann/Lund	5 Fitzpatrick/Miller
7 Carpenter/Darland	6 Cowen/Lewis	8 Baker/Lenczycki	6 Ecton/Boehs/Smosna	6 J. Davis/Romel
8 Bibbey/Walsh	7 Peterson/N. Holley/Mader		7 Eckhoff/Slawson/Mannion	8 Ney/Brubaker
	23	24		
1 Canale	2 Kiel/Markey			
3 Brown/Watkins	4 Bryant			
5 Bradley	6 Crowe			
7 Long/Canum/Parsanko	8 Elliott/Anderson/Wheeler			
	30			
2 Scherer				
3 J.Lynam/S.Sayers				
4 Markey				
7 Carpenter/Darland				
8 Bibbey/Walsh				

Girls' Swimming Coach Brent Moore

Informational Meeting

Tuesday Oct. 13th @ 3:15 p.m. in room 414 @ PHS

1st Practice/Tryouts

Thursday Nov. 12th @ 3:30 p.m. @ Mulberry Pool

Regular Practices will be:

Mon/Tue/Wed 5:15 a.m. - 7:00 a.m.

Thurs./ Fri. 3:30 - 5:30 p.m. @ Mulberry Pool

Questions? Call Coach Moore @ 217-4294 or email

brentm@psdschools.org



Girls' Basketball - Coach Brad Beauprez (970) 488-6058

Open Gyms: See Athletics Website under Girls Basketball

Tryouts:

Nov. 5th & 6th 3:30 - 5:30 p.m.

Nov. 7th 8:00 - 10:00 a.m.

Nov. 9th - 12th varies



Parent Meeting: Nov. 24th @ 5:30 p.m. in the Events Center

For More Information contact Brad Beauprez @ 488-6058 or

bbeaupre@psdschools.org

Boys' Basketball - Coach Jeff Schelly 488-6213

Email: jschelly@psdschools.org

Open Gyms: Mon & Wed @ 5:30 (Sept. Oct.)

Player Meeting: Thursday Nov. 5th 3:30 in room 414

Blue cards are due at this meeting!

Tryout: Nov. 7-12 Times announced at meeting.

Parent Meeting: Monday Nov. 16th 6 pm Events Center

If you have questions please call coach Schelly at 488-6213



Wrestling

Coach Barrett Golyer 488-6047 Email: bgolyer@psdschools.org

Pre Season Lifting 3:30 - 4:30 p.m. M,T,TH, F

Pre Season Open Mat 4:30 - 5:45 p.m. T/TH

1st Official Day of Practice Nov. 9th - 3:30 p.m.



*Before you can participate you **MUST TURN IN** the following:*

•**BLUE** Senior High Authorization for Athletic Participation Form (This form requires a **current physical** and parent signatures)

•**Orthopedic Center of the Rockies** Form (White)

•**Health** Insurance Information - Your personal insurance or purchase Student Insurance

•Athletic Fee \$85.00 (per student/per sport/per year - \$250 family maximum

\$127.00 for Home School, Private Schools, & Charter Schools do not have a family maximum.

Checks will be returned if cut from the team.

REMEMBER - YOU MUST SUBMIT ALL NECESSARY FORMS IN ORDER TO RECEIVE A PRACTICE CARD!

Questions contact - Mrs. Niesent (970) 488-6014

or nmichele@psdschools.org

ATHLETIC INFORMATION EMAIL

If you would like to receive weekly athletic emails with information about, schedules, games, times, places, cancellations, camps, clinics, and any upcoming season information please notify Michele Niesent @ nmichele@psdschools.org or call 488-6014 to be added to the list.

ADMISSION CHARGES FOR ATHLETIC EVENTS

Poudre School District

Individual prices:

Adults - \$5.00

Students with an ID / senior citizens - \$4.00

Children under 6 are free

Purchase a punch card and save! 20 punches for \$60.00 (One punch per person, regardless of age)

Students may purchase an activity sticker for their ID for \$25.00, which allows them entrance to all athletic events for Poudre High School. This student ID will admit them to cross town events as well as Poudre events.

(Rocky Mountain, Fort Collins, or Fossil Ridge games)

Poudre Strength and Conditioning Center

PHS coaches and staff are working together to raise additional funds for the new strength and conditioning center, so as not to strain the athletic budgets.

Interested in helping with this project? Willing to make a donation? Contact Brad Beauprez at 488-6058.

Donations will be permanently recognized in the newly renovated Strength and Conditioning Center on a three-tiered wall:

White: \$100 - \$499 Donation

Silver: \$500 - \$999 Donation

Blue: \$1000+ Donation



How do I donate to this cause? Donation checks should be made out to Poudre High School, earmarked for the Poudre Weight Room. Checks may be mailed to PHS in care of Brad Beauprez.

Poudre Athletic Store



Stadium Chairs: \$40.00



Blue or White T-Shirts: \$10.00

Long Sleeve White T: \$12.00

Pins for student athletes who letter can be purchased at Mrs. Niesent's desk for \$1.00. For more information or to order, contact Michele Niesent @ nmichele@psdschools.org or call 488-6014 **POUDRE PRIDE!**

Important Athletic Phone #'s

AD: Brad Beauprez 488-6058

AD Assistant: Michele Niesent 488-6014

Athletic Information Line: 488-6010

Website: www.psdschools.org/phs

POUDRE HIGH SCHOOL STAFF 2009-2010

Amey, Martha	6171	mamey	Golyer, Barrett	6047	bgolyer	Nichols, David	6215	dnichols
Anderson, Amber	6212	aanderso	Gomez, Kirlene	6234	kirleneg	Niedenzu, Shawn	6145	sniedenz
Bates, Janet	6024	jbates	Grof-Tisza, Creighton	6193	cgroftis	Niesent, Michele	6014	nmichele
Baker, Megan	6091	meganb	Haddorff, Sandra	6053	shaddorf	Osborne, George	6018	gosborne
Bausch, Linda	6153	lsbausch	Harris, Sara	6054	skelly	Pace, Michele	6229	ppace
Beauprez, Brad	6058	bbeaupre	Harrison, Becky	6156	rrockwoo	Paone, Steve	6232	spaone
Beauprez, Christy	6177	ccampos	Hayano, Joel	6230	jhayano	Parsanko, Katie	6109	kparsank
Benedict, Kelby	6154	kbenedic	Hays, Chris	6119	chays	Pearson, Vicki	6231	vickip
Bent, William	6073	wbent	Hilt, Jeanmarie	6089	jhilt	Petersen, Corry	6117	cpeterse
Berrian, Joann	6167	jberrian	Hicks, Lindsey	6176	lhicks	Pitts, Elissa	6152	egaines
Bibbey, Kristy	6163	kbibbey	Hixon, Cori	6127	chixon	Pollet, Kris	6031	kpollet
Blair, Anita	6133	ablair	Hlawaty, Stephen	6082	shlawaty	Poole, Marlon	6129	mpoole
Boehs, Rachel	6106	rboehs	Holley, Gina	6144	rholley	Powell, Marcie	6013	marciep
Bradley, Steve	6159	sbradley	Holley, Nick	6028	nholley	Richards Moyer, Emily	6218	emrichar
Brakhage, Krista	6132	kmbra	Hover, Debbie	6118	debbieh	Riojas, Lucas	566-0627	lriojas
Brewer, Susan	6189	sbrewer	Hunt, Tiffany	6083	thunt	Rock, Mary	6228	mrock
Brown, Russ	6088	russellb	Jasmann, Jeramy	6130	jjasmann	Romel, Marie	6188	mromel
Brubaker, Jeff	6219	jbrubak	Jeffers, Jesiah	6134	jjeffers	Ruble, Abigail	6211	aruble
Bryant, Melinda	6120	mbently	Johner, Jeremy	6139	johner	Ruzas, Cheri	6076	cruzas
Buchwald, Kimberle	6204	kbuchwal	Joseph, Judy	6026	joseph	Sayers, Katy	6141	ksayers
Buffington, Marc	6137	marcb	Kiel, Bryan	6203	bkiel	Sayers, Steve	6125	ssayers
Buffington, Sally	6069	sbuffing	King, Lisa	6006	lisak	Schelly, Jeff	6213	jschelly
Burke-mcevoy, Cheryl	6226	cmcevoy	King, Scott	6102	sking	Scherer, Jan	6107	jscherer
Butler, Steve	6181	sbutler	Klausmeyer, Jacalyn	6131	jklausme	Searle, Derrick	6221	dsearle
Canale, Fabiola	6220	fcanale	Knight, John	6160	jdknight	Seese, Katherine	6222	kseese
Cannon, Jodie	6021	jcannon	Kreider, Sharon	6093	skreider	Slawson, Michael	6068	mslawson
Canum, Denise	6190	dthomas	Kulenski, Janeen	6227	jkulensk	Slezak, Jane	6257	jslezak
Carpenter, Christine	6036	ccarpent	Kunz, Katherine	6209	kkunz	Smith, Cindy	6113	cindys
Carpine, Kelly	6165	kcarpine	Lang, Roslyn	6035	rlang	Smith, Gordon	6182	fsmith
Carroll, Ginny	6017	gcarroll	Larsen, Nan	6090	nanettel	Smith, Joel	6225	josmith
Christensen, Carey	6185	careyc	Lenczycki, Tim	6161	timlen	Smosna, Nicholas	6203	nsmosna
Coatman, Phil	6086	pcoatman	Leonard, Chris	6056	cleonard	Stucky, Ben	6116	bstucky
Conrad, Colleen	6147	cconrad	Lewis, Marcy	6210	marcial	Suto, Kelly	6162	kasuto
Coulson Jennifer	6186	jcoulson	Loek, Ellie	6011	eloek	Symmes, Kathryn	6146	ksymmes
Cowen, Bonnie	6085	bcowen	Long, David	6022	dalong	Tavener-Berry, Susan	4054	stavener
Cox, Susan	6196	sucox	Longpre, Mari	490-3297	mlongpre	Thacker, Isabel	6046	ithacker
Crockett, Stacey	6194	staceyc	Lund, Carol	6096	clund	Thomas, Tim	6040	tthomas
Crowe, Kayla	6055	kcrowe	Lynam, Julie	6081	jlynam	Thorson, Megan	6032	mthorson
Darland, Sharon	6115	sdarland	Lynam, Ron	6087	rlynam	Toplyn, Cathy	6135	ctoplyn
Davis, Jeff	6140	jdavis	Mackay, Kathy	6151	kmackay	Ulstrup, Julie	6062	jhajost
Davis, Lori	6142	lorid	Mader, Kerri	6180	kmader	VanDyne, Rita	6122	rvandyne
Dawdy, Bonnie	6050	bdawdy	Mahler, Lisa	6041	lmahler	VonForell, Janet	6115	jvonfore
DeFelice, Erin	6020	edefelic	Malone, Jason	6158	jmalone	Wade, Pamela	6057	pwade
DeFelice, Shannon	6202	shannond	Mann, Debra Lee	6172	dmann	Walker, Rhondda	6216	rwalker
Dermyer, Jenny	6173	jdermyer	Mannion, Haley	6148	hmannion	Walsh, Elizabeth	6101	ewalsh
Dusbabek, Laura	6003	laurad	Mapes, Kelly	6064	kmapes	Walters, Jeff	6136	jwalters
Eckhoff, Erik	6098	eeckhoff	Markey, Richard	6157	rmarkey	Walz, Jacquelyn	6169	jwalz
Ecton, Laura	6155	lecton	McCorkel, Rebecca	6078	rmccorke	Wankelman, Maria	6126	mwankelm
Eikleberry, Carol	6023	carole	Miller, Lori	566-2242	llindstr	Watkins, Sarah	6109	swatkins
Elliott, Doug	6110	delliott	Miller, Steven	6187	stmiller	Weissman, Joshua	6166	jweissma
Enriquez, Antonio	6100	antonioe	Moore, Brent	6175	brentm	Wheeler, Heidi	6108	hwheeler
Espinoza, Tony	6121	aespinoz	Morgan, Dick	6174	dickm	Whitman, Judy	6164	jhalvors
Farinelli, Joyce	6124	joycef	Morse, Rochelle	6075	rmorse	Wilder, Kim	6015	kwilder
Faulkner, Brian	6092	bfaulkne	Morton, John	566-4574	jomorton	Wilson, Kendall	6070	kendallw
Fitzpatrick, Shawn	6105	sfitzpat	Motichka, Kelly	6197	kemotich	Witman, Kim	6065	kwitman
Fontana, Joe	6034	jfontana	Moyer, Craig	6214	cmoyer	Woodall, Craig	6191	cwoodall
Fontenot, Michael	6123	mfonteno	Mozer, Lani	6103	lmozer	Woodward, Amy	6208	amyw
Fowler, Lorri	6179	lfowler	Musci, Jennifer	6149	jmusci	Yaussi, Carol	6067	cyaussi
Furlott, Sherri	6050	sfurlott	Nash, Pat	6044	pnash			
Gengler-Colburn, S.	6033	sgengler	Ney, Rick	6168	rney			

488 prefix for phones and @psdschools.org for e-mails

