

Yearly Plan 2008/2009

<u>Week #</u>	<u>Activity K-3</u>	<u>Activity 4-5</u>
1	Class Rules, Name Game, Class Routine	Same as K-3
	Road Block,	
2	Playground Rules, ball routine	Same as K-3, Six Square, PG Rules
3	Intro GI Joe, Throwing/Catching, Clean Room	Throwing/Catching/Football
4	Stations (jump ropes, hulas, scooters, balls)	Football
5	Tag Games, Kicking	Football
6	Body Awareness (Chasing, Fleeing, Tagging)	Star Wars, Snowball Alley, scooters
7	Frisbee/Indoor Soccer	Frisbee/Frisbee Golf
8	Cooperative Games	Cooperative Games, Cupstacking
9	Scarves, Bean Bags, Parachutes	Scarves/Kickball/parachute
10	Dancing, Gymnastics	Basketball
11	Basketball	Basketball
12	Basketball	Basketball
13	Body Bingo/Fitness Stations/Cargo Net	Fitness Stations/Cargo net
14	Cupstacking	Floor Hockey/PE Central Challenge
15	Throwing/Catching (Dodge Ball)	Floor Hockey
16	Kicking/Hockey	PE Central Challenge Day